



Living on the TM NOBLE EDGE podcast

Living on the edge implies taking risks and pushing boundaries. The **Noble Edge** is where we live into the noble qualities we have as humans including virtues of trust, kindness and unity. When we live on the **Noble Edge**, we challenge ourselves to step outside our comfort zone because we have a desire to make the world a better place.

Each week, the **“Living on the Noble Edge”** podcast features encouraging stories from people who decided to make a positive change not only to their lives, but to the lives of those around them. Guests share insights and real examples of changing direction, facing fears, embracing different perspectives, learning new skills, being authentic and overcoming adversity.

Are you searching for a way to make the world a more positive place? The **“Living on the Noble Edge”** podcast will encourage and motivate you to expand your opportunities to make a difference and live a more fulfilling and purposeful life.



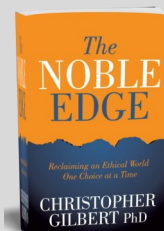
**Hosted by
Marie Tjernlund**

Marie Tjernlund is an inspirational and accomplished speaker, leadership consultant and executive coach with expertise in communications, building strong relationships and living with intention.

**Inspiring
true stories of
integrity,
courage and
resilience**

Inspired by the book

The Noble Edge: Reclaiming an Ethical World One Choice at a Time
by Christopher Gilbert, PhD



“This book is a road map that allows people to work towards a greater good.”
~Amazon Reviewer

Available online and at all fine bookstores

PROGRAM:

- Weekly audio podcast
- 20-30 minutes length
- Interview format
- Demographics: Adults 18+



FOCUS:

- Self-Improvement
- Leadership
- Relationships
- Professional Development
- Spirituality
- Education

TOPICS:

- Facing fears
- Building trust
- Living with authenticity
- Overcoming adversity
- Learning new skills
- Embracing change
- Leading with integrity
- Changing direction
- Making a difference

*Living on the*TM
NOBLE
EDGE
podcast

SAMPLE questions:

- *Tell me about a time when you faced a decision that changed your life.*
- *How do you know when you're consistently doing the right thing?*
- *How do you build trust with others? With yourself?*
- *Can you think of a time when your integrity meant more than playing it safe?*
- *What is your vision for the future?*
- *If you could go back in time, what would you do differently?*

Do you have a story to share? Contact Info @NobleEdgeConsulting.com

Provide your contact information, a short bio and a brief description of your story concept. Guests on the podcast will receive a free copy of the book, *"The Noble Edge: Reclaiming an Ethical World One Choice at a Time,"* by Christopher Gilbert, PhD.